



# Guide Catheter Surface Treatment to Minimize Endovascular Trauma

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## Background

Guide catheters [GC] are routinely utilized to access endovascular sites to deliver balloons, stents, coils, guidewires, and contrast agents. The GC can cause **frictional damage to intra-vascular walls**, and can initiate **thrombosis**. Previously published studies indicate that reduced catheter-on-catheter friction associated with increased surface polarity is quite persistent.<sup>1,2</sup> **The purpose of this investigation was to determine whether reduced friction of GC on vascular wall surfaces could be achieved while also retaining critical surface tension [CST] values associated with minimal thrombosis.**<sup>3,4</sup>

## Materials & Surface Characterization

**Guide Catheters [GC]** – new; 4 different brands from supplies of the Toshiba Stroke Research Center (Univ. Buffalo); designated as GC-A, -B, -C, -D.

**Vascular Tissue** – preserved human umbilical cord vein grafts with known, blood-compatible surface properties<sup>6,7</sup>

**Lubricating Fluid** - physiologic saline

**GC Surface Characterization** – comprehensive contact angle analyses (to determine CSTs, polarities and surface energies) and MAIR spectroscopy (to determine surface chemical compositions)

## Catheter Modification

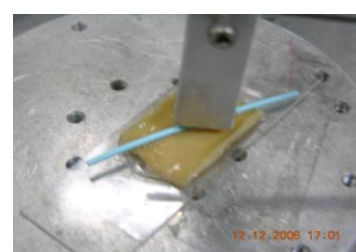
Each of the 4 catheter types (GC-A to -D) was evaluated in **3 conditions**:

- **AR**: as-received
- **DW**: washed with lab detergent & rinsed with distilled water
- **PT**: DW'd, then gas-plasma-treated (2min, air, Harrick PDC-32G)

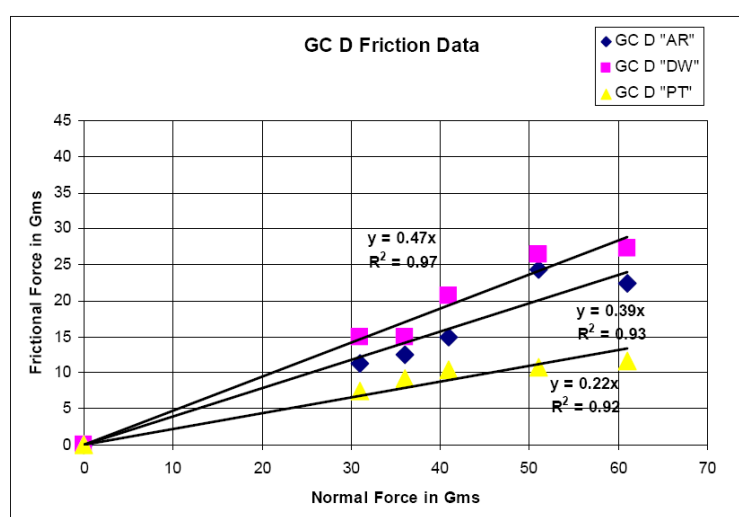
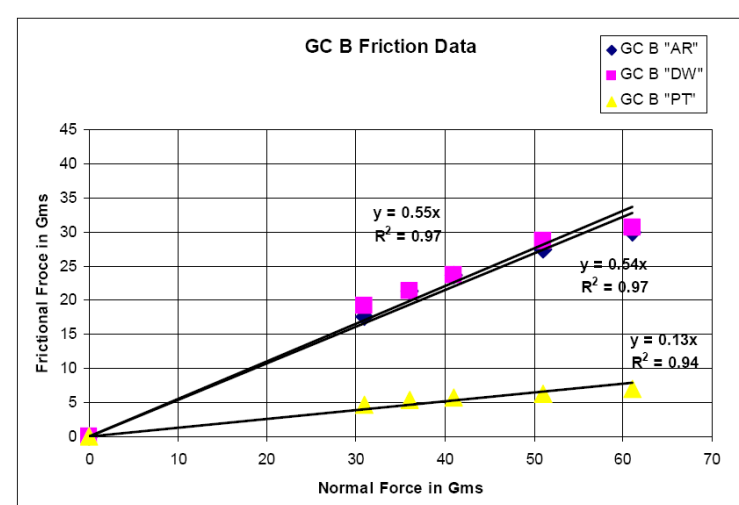
**References:** 1. Triolo & Andrade (1983) JBMR 17:129-147. 2. Triolo & Andrade (1983) JBMR 17:49-165. 3. Wilner et al. (1978) Circ Res 43:424-428. 4. Baier (2006) Mater Sci: Med 17:1057-1062. 5. Meyer et al. (2006) J Adhesion 82:602-627. 6. Baier et al. (1980) Vasc Surg 14:145-157. 7. Dardik et al. (2002) J Vasc Surg 35:64-71.

## Coefficient of Friction [CoF]

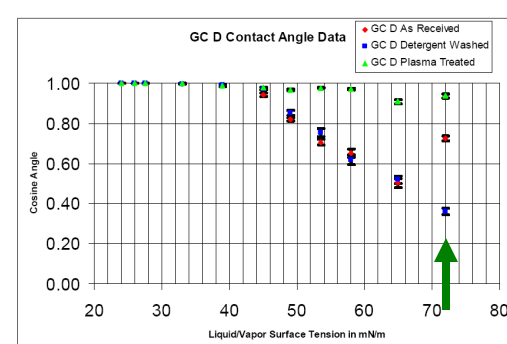
**Pin-on-disk friction device**<sup>5</sup> – catheter segment held in place on vertical column over saline-lubricated interior surface of vascular graft; graft was fixed to the reciprocating stage of the apparatus



- experimental set-up addresses static CoF, which is relevant to the endovascular use of guide catheters
- device was calibrated with 10 different loads before catheter-on-tissue tests were initiated
- normal loads were placed on the vertical column; 5 different normal loads were used (30-70g)



## Catheter Surface Properties

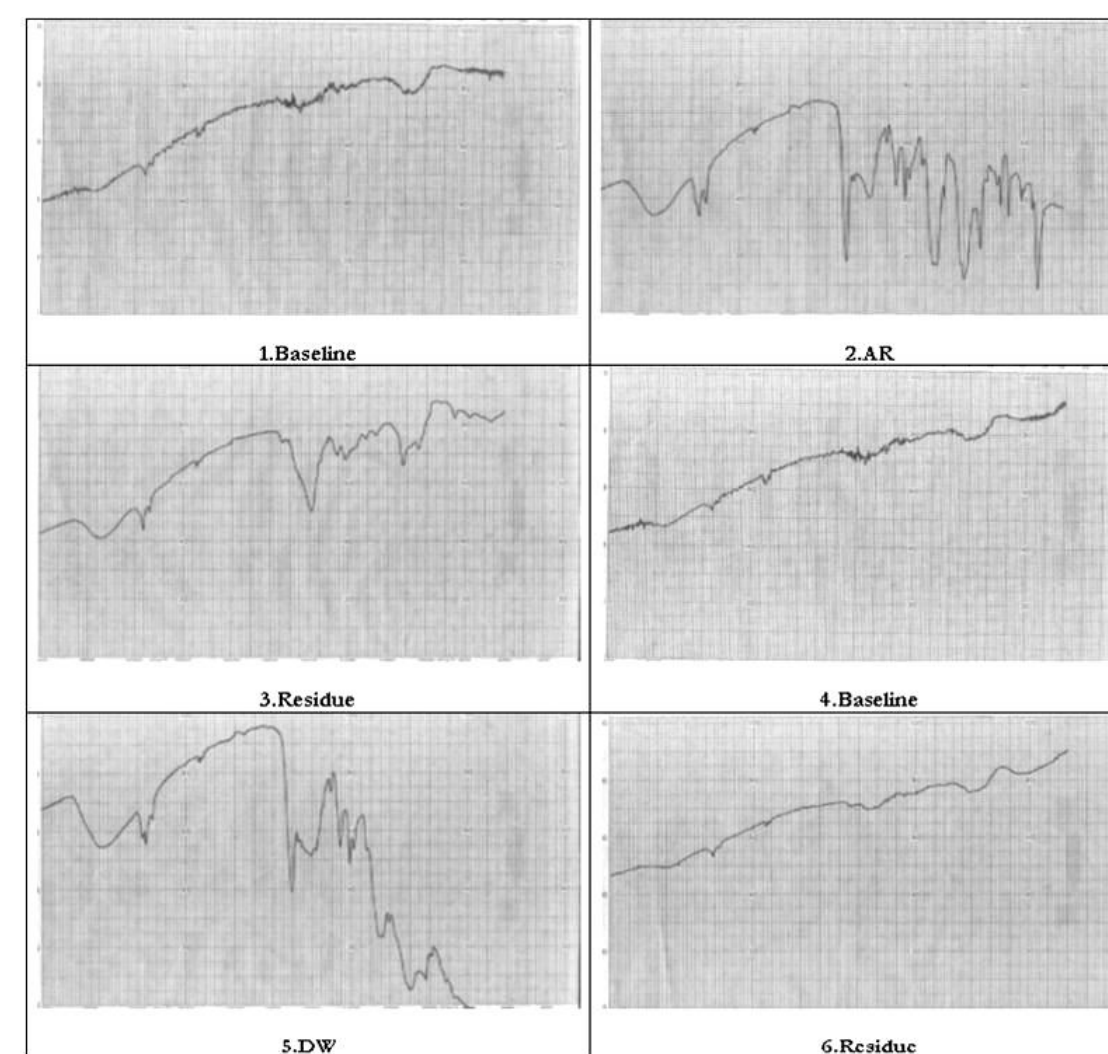
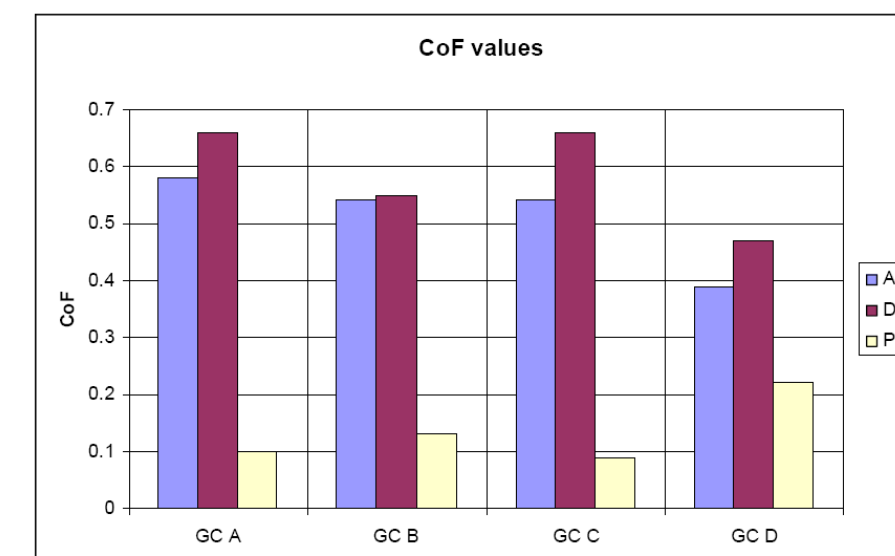


In this example (GC-D), PT & DW treatments changed catheter polarity, as indicated by the **water contact angles**

	CST [mN/m] & avg water contact angles		
	AR	DW	PT
<b>GC-A</b>	24, 55	24, 55	25, 25
<b>GC-B</b>	25, 41	26, 69	23, 23
<b>GC-C</b>	26, 63	36, 53	30, 20
<b>GC-D</b>	36, 43	37, 68	30, 19

## Results and Conclusions

- ❑ GC-A, -B, and -C had CST values between 20 and 30 mN/m (values previously associated with minimal thrombogenicity<sup>3,4</sup>)
- ❑ All 4 types of catheters (as-received) had different types of manufacturer-applied coatings that variably transferred to the MAIR test plate during analysis.
- ❑ After **DW treatment**, catheters had slightly increased CSTs and water contact angles, providing evidence for partial to complete removal of the manufacturer-applied coatings. MAIR-IR spectra indicated retained hydration in surface zones.
- ❑ Each **DW** catheter's CoF was somewhat greater than the value for the **AR** catheter. The CoF of each **PT** catheter was markedly less than the values for the AR and DW catheters.
- ❑ **Simple increases in hydrophilicity are not sufficient to account for these results**; the highest **PT** CoF was for GC-D, which had the lowest water contact angle.
- ❑ **The manufacturer-applied coatings did not produce CoF as low as the gas-plasma-treated catheters.**
- ❑ **Treating as-manufactured GC with gas-plasma could produce surface zones of high polarity -- maintaining thromboresistant qualities while decreasing friction between the catheter and the vascular wall**



- Examples of MAIR-IR spectra (GC-B):
1. KRS test plate baseline for spectra #2 & #3
  2. GC-B catheter, as-received; polyurethane-based
  3. residue on test plate, due to partial transfer of the original coating from the catheter
  4. KRS test plate baseline for spectra #5 & #6
  5. DW-treated GC-B catheter
  6. no significant residue is transferred from DW GC-B to the test plate [compare with #4]